



Information of use Ear Band-It

1. Preparing the Ears

If you are using Putty Buddies swimming earplugs, flatten them and gently place them over your ear canal before applying the Ear Band-It.

2. Applying the Ear Band-It

Wrap the Ear Band-It around your head, ensuring both ears are completely covered. The Ear Band-It should cross comfortably at or just below your hairline.

3. Adjusting the Fit

Attach the Ear Band-It to the back of your neck for an optimal and comfortable fit. Use the Velcro to keep the band securely in place.

4. Checking the Comfort

Check that the Ear Band-It is not too tight, but not loose enough to slip. For best results, wear the Ear Band-It under your hair.

This will ensure the Ear Band-It stays in place while swimming.

5. Removal and Storage

Carefully remove the Ear Band-It after use. Store the Ear Band-It in a dry and clean place to extend its lifespan.



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**EAR
BAND-IT®**

MEASURE HEAD CIRCUMFERENCE PRIOR TO ORDERING!

Sizing issues and the hassle of returning items can be avoided simply by measuring head circumference and referring to the size chart. Using a soft tape measure is best but a string and standard tape measure will work as well.



	Fits Head Size Range	Recommended Age Range*
<i>Small</i>	16.5 in – 18.5 in 42 cm – 47 cm	Up to 18 months
<i>Medium</i>	18.5 in – 20.5 in 47 cm – 52 cm	2 – 7 years
<i>Large</i>	20.5 in – 24 in 52 cm – 61 cm	8 years to adult

~~~~~ NOTE THAT RECOMMENDED AGE RANGES ARE BASED ON AVERAGE SIZED HEADS. ~~~~~

\*We often see kids with larger than average head sizes needing to go up one size if only referring to age recommendations. **AGAIN, IT IS ALWAYS BEST TO MEASURE AND CHECK THE SIZE CHART!**





# Information of use Putty Buddies

## 1. Hand Preparation

Handle the Putty Buddies only with clean, dry hands. Do not touch the Putty Buddies with oily or dirty hands or allow them to come into contact with lotions, oils, hair, or other oil-based substances.

## 2. Ear Preparation

Ensure the user's ear is clean, dry, and free of earwax or oils before placing the Putty Buddies over the ear canal.

## 3. Inspection

Make sure the Putty Buddies are free of tears or wrinkles before placing them over the ear canal. If so, discard them and use a new pair.

## 4. Insertion

Flatten the Putty Buddies into a disc, place them over the ear canal, and gently press the earplug outward from the ear canal to "lock" the Putty Buddies into the outer cartilage of the ear.

## 5. Removal

To remove the Putty Buddies, grasp the earlobe with your thumb at the back and your fingers at the front. Push/pull up and down several times. This should ensure the Putty Buddies come out easily in one piece, leaving no residue.

*Parents should check their child's ear after each use to ensure no silicone remains around the ear canal.*

## 6. Storage

After removing the earplugs, store them in the plastic container (covered) until further use.



# Information of use Putty Buddies

## CAUTION:

### 1. Application

Only cover the ear opening. DO NOT INSIDE THE EAR CANAL.

### 2. Use

Putty Buddies are safe when used as directed.

### 3. Monitor babies

Keep out of reach of babies.

### 4. Do not swallow

If swallowed, Putty Buddies are not toxic, but they may obstruct breathing if they enter the trachea.

### 5. Application

Do not spread Putty Buddies too thinly.

### 6. Avoidance

Avoid contact with hair and oil-based lotions.



# Information of use Putty Buddies

## TIPS

1. Never force the Putty Buddies into your ear canal.
2. Always use clean, dry hands to hold them to prevent dirt and irritation.
3. Make sure sunscreen, tanning oils, and moisturizers are completely removed from your hands before touching the Putty Buddies.
4. Putty Buddies should only be inserted into a clean, dry ear canal by an adult. Not by children.
5. Flatten the Putty Buddies with your fingers and shape them so they cover the outside of your ear and fit comfortably.
6. Never tear the Putty Buddies, as this will prevent them from working properly.
7. Use one whole, undamaged Putty Buddie for each ear.
8. If the Putty Buddies become loose, cracked, or damaged, discontinue use. Discard them and get a new pair.
9. Gently remove the Putty Buddies by pressing upward under the back of your ear while simultaneously pulling your earlobe downward. Alternate this motion a few times so they come off more easily.
10. Replace Putty Buddies after a maximum of two weeks of use, or sooner if they become dirty, cracked, crumbly, or lose their adhesive strength.



## Information of use Putty Buddies

11. If any material remains in your ear canal after removal, do not try to remove it yourself.

This can cause irritation or damage. See an ENT specialist (not a general practitioner) as soon as possible, who can remove it safely for you.

12. Silicone repels water and is difficult to remove from skin or hair with water. Use mineral oil or a natural oil product to gently remove any silicone material.

13. Putty Buddies are only intended for use in water. If you are out of the water for more than five minutes, remove them, keep them dry, and only put them back in or use a new pair when you return to the water.

14. If you accidentally push Putty Buddies deeper into your ear canal, do not try to remove them yourself with tweezers, a cotton swab, or other tools. This often makes the situation worse. See an ENT specialist immediately, who can remove them safely and with the appropriate tools.

As long as you don't try this yourself, a short-term presence of Putty Buddies in the ear canal is usually not harmful.